



# Roscommon County

## 2019 ANNUAL REPORT

### BY THE NUMBERS



\$8,449 spent with local businesses 2018-19



28 Roscommon County students enrolled at MSU in Fall 2019



\$3,458,590 MSU's total economic impact in Roscommon County



345 alumni (bachelor and graduate degree) in Roscommon County



\$429,259 financial aid disbursed to Roscommon County students



99 individual 4-H enrollments



30 4-H screened adult volunteers



17 organized 4-H clubs



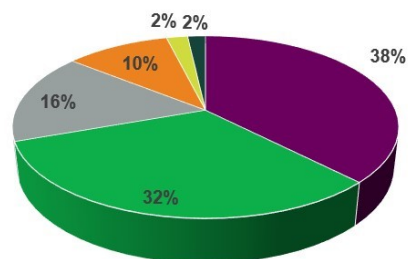
610 Roscommon youth received programming from all institutes

### MESSAGE FROM THE DISTRICT DIRECTOR

During 2019, Michigan State University (MSU) Extension continued to partner with Roscommon County to strengthen youth, families, businesses and communities. In this report, we will highlight local and statewide programs that made a difference in Roscommon County residents' lives; including providing natural resources education opportunities to youth and adults, helping farmers with financial management and farm stress; providing opportunities for youth career and leadership development through 4-H; teaching families how to buy, cook and eat nutritious food; helping communities grow their tourism and community development opportunities; and providing a suite of online resources and programs.

Because of your continued support, we are able to help Roscommon County residents improve their lives, their workplaces and their communities. It is an honor and a privilege to serve Roscommon County and we're looking forward to another successful year ahead.

How MSU Extension is Funded



- Grants
- State appropriations
- County investments
- Federal Cooperative Extension
- Federal special projects
- MSU general fund



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# Program Highlights



SNAP-Ed programming was provided to Roscommon County residents in partnership with ROOC Inc., Central Michigan District Health Department, MDHHS Michigan Youth Opportunities Initiative, Richfield Township Library and more local partners!

## Nutrition Education

Michigan State University (MSU) Extension partners with Michigan Department of Health & Human Services (MDHHS) to provide Supplemental Nutrition Assistance Program Education (SNAP-Ed), a free nutrition education program to reduce hunger and food insecurity and promote healthy eating habits. MSU Extension SNAP-Ed nutrition instructors teach youth, teens, adults and seniors how to make health a priority through an instructional series. In Roscommon County during 2019, **our Community Nutrition Instructors reached 112 youth and adults in presentations and six-week series.**



MSU Extension Natural Resources Educator Julie Crick teaching youth at 4-H Forestry Camp how to use a tree scale stick to measure the height of a tree.

## Making the most of our natural assets

Stewardship is the responsible use (including conservation) of natural resources. In 2019 approximately **85 Roscommon residents attended programming around natural resource education**, from water to trees to invasive species and more. For example, **8 Roscommon youth attended 4-H Forestry Camp**, where participants learned identification of trees, bugs and tree diseases, and explored careers in forestry. At MSU Extension, we strive to provide education to conserve and enhance natural ecosystems.

## Supporting Healthy Communities

MSU Extension partnered with the Roscommon County Commission on Aging to provide Tai Chi for Arthritis and Fall Prevention. This program was funded by a grant from the Administration for Community Living to provide 16 hours of evidence-based fall prevention education to older adults. **Twenty-one residents participated in this program and received a DVD to continue the program at home.**

Seventeen youth from the Roscommon County Juvenile Detention Center participated in RELAX: Alternatives to Anger, a program to improve self-regulation, communication and stress management.



Studies show that tai chi can reduce falls by nearly 70%. Other benefits include improving relaxation, vitality, posture, and an improved immune system.



# Program Highlights

## Fostering Strong Communities

MSU Extension offers evidence-based programming that focuses on the socio-economic potential of the area while addressing the needs of residents and community leadership.

In 2019, programs like Life Cycles of Tourism, Understanding Citizen Redistricting, Building a Better Budget in Local Government, The Impact of Federal Politics on Local Government, 2020 Census Prep, Connecting Entrepreneurial Communities and Opportunity Zones education were amongst the most popular locally. **Over 40 Roscommon County residents attended these programs.**



## 4-H Youth Development

4-H is the largest youth development organization in the country, with programs for youth to explore their passions and interests while growing confidence, leadership skills and a sense of responsibility.

In 2019, **610 Roscommon youth participated in 4-H programs with 99 youth being individually enrolled** in local clubs, camps, and school enrichment. Popular programs included the Northern Region Summer Camp, Stayin' Alive Day Camp, programs in rocketry and literacy, and Michigan 4-H Dare to Serve, which also engaged **260 Roscommon youth through community service.**



## Consumer Horticulture

MSU Extension offers many resources including the Extension Master Gardener Volunteer Program, the Smart Gardening Initiative, the Ask an Expert on-line service, and the MSU lawn and gardening hotline at 1-888-678-3464.

In Roscommon County, residents utilized the hotline as the part of the 6,500 calls received for 2019. Residents also participated in programs including a lakefront property management workshop, Smart Gardening webinars, fruit tree care and pruning, and also purchased **23 homeowner and commercial soil test kits.**



# ROSCOMMON COUNTY, MSU EXTENSION & SUPPORTING LOCAL YOUTH



In November of 2019, Roscommon County 4-H, in collaboration with Crawford County 4-H, partnered with Bambi Lake Retreat and Conference Center in Roscommon to present Teen Fall Fest. Youth ages 13-19 came together to enjoy dinner, hayrides, a bonfire with s'mores and also teamed up to play a game of LIVE CLUE! The game featured the local talents of the Gits and Shiggles Improv Troupe. The teams of teens joined together to become detectives for the evening. Over 65 youth from all over the county as well as surrounding counties were impacted by this program.



Other popular programs such as the 4-H Winter Workshops, 4-H Cross Country Ski program, Summer Camp as well as a collaborative summer day-camping program, collaborative Be Your Own Boss Camp, 4-H Cloverbuds Clubs, and 4-H Money Carnival Club are just a few that rounded out a fun-filled year of 4-H activities.

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